SOUVOUS

Snapshot of the Salvos

A helping hand when times are tough













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FAITH TALK Unexpected kindness MY STORY A journey of renewal NEWS Home and hope

"And don't forget to do good and to share with those in need ..."

– Hebrews chapter 13, verse 16 New Living Translation





The Salvation Army is about giving hope where it's needed most.

What is The Salvation Army?

The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Vision Statement

Wherever there is hardship or injustice, Salvos will live, love and fight alongside others to transform Australia one life at a time with the love of Jesus.

Mission Statement

The Salvation Army is a Christian movement dedicated to sharing the love of Jesus by:

- Caring for people
- Creating faith pathways
- Building healthy communities
- Working for justice



The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future. We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and wellbeing of people of all ages, particularly children.

Salvos Magazine

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Feature [4] A message from Salvo leaders

Faith Talk [10] Unexpected kindess





My Story [12] From trauma to triumph

Bringing hope

As another year gets underway, this edition highlights the social work, mission and vision of the Salvos as presented in their 2023-2024 annual and impact reports.

The mission is focused on sharing the love of Jesus. The vision is encapsulated in the words: 'Wherever there is hardship or injustice, Salvos will live, love and fight, alongside others, to transform Australia one life at a time with the love of Jesus."

Many people in our nation (and globally!) are facing hardship and injustice. Assisting people experiencing homelessness, addiction or family violence; those needing financial counselling; victims of disasters; the spiritually searching and much more form the key priorities of the Salvos.

The love of God is the motivating force behind the spiritual and social support the Salvos give. James Burns talks about this love in Faith Talk – a love that shows itself in how we treat others and the hope that acts of kindness can bring.

Due to a scheduling error, this edition -8 February – replaces the 1 February magazine. Our apologies for any inconvenience this may cause.

Simone Worthing Editor

A message from Salvo leaders

As cost-of-living pressures continue for so many Australians, their quality of life and security are also affected by housing instability, local crime and international disturbances that create fear and can wear down hope and optimism.

As The Salvation Army, we believe that no one should have to 'go it alone' in the uncertainty and struggles of life. We are glad to be able to provide accommodation, financial support, material aid, community connection and spiritual support to those in need.

We believe in the good that comes when we follow our Vision Statement: "Wherever there is hardship or injustice, Salvos will live, love and fight, alongside others, to transform Australia one life at a time with the love of Jesus." We do this by providing communities of hope, where practical, emotional and spiritual help is given; through community tables, where people can share their struggles and stories over a meal; and through gathered worshipping communities, where people support each other in the realities of daily life, as well as in their faith journeys.

We aim to be always Jesus-centred, Spiritled and hope revealing in our work with all Australians.



Commissioner Miriam Gluyas Territorial Commander The Salvation Army Australia



Colonel Winsome Merrett Chief Secretary The Salvation Army Australia





Scan here to read The Salvation Army's 2024 Impact Report.

Our mission, vision and values

Mission

The Salvation Army (TSA) is a Christian movement dedicated to sharing the love of Jesus. We share the love of Jesus by:

Caring for people

Being there when people need us most

We offer care and compassion as a sacred encounter with transformative potential

Creating faith pathways

Taking a holistic approach to the human condition that values spirituality

We graciously share the Good News of Jesus and grow in faith together

Building healthy communities

Investing ourselves in relationships that promote mutual flourishing

We find the wholeness God intends for us in community

Working for justice

Tackling the social systems that harm creation and strip away human dignity

We join God's work to build a fairer world where all can thrive

Vision

Wherever there is hardship or injustice, Salvos will live, love and fight, alongside others, to transform Australia one life at a time with the love of Jesus.

Values

Recognising that God is already at work in the world, we value:

Integrity

Being honest and accountable in all we do

Compassion Hearing and responding to pain with love

Respect Affirming the worth and capacity of all people

Diversity Embracing difference as a gift

Collaboration Creating partnerships in mission

Our commitment to inclusion and reconciliation

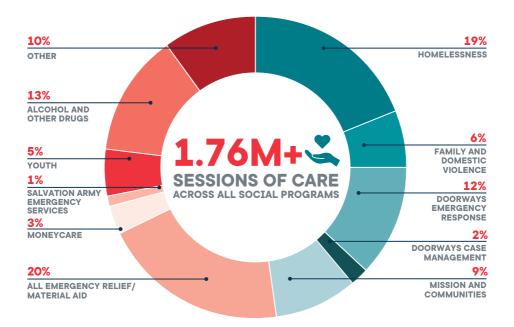


The Salvation Army Australia acknowledges the Traditional Owners of the land on which we meet and work and pay our respect to Elders, past, present, and future.

We value and include people of all cultures, languages, abilities, sexual orientations, gender identities, gender expressions, and intersex status. We are committed to providing programs that are fully inclusive. We are committed to the safety and wellbeing of people of all ages, particularly children.

As a movement, we believe inclusivity is achieved by treating all people with dignity, compassion and respect. We deliver programs with cultural sensitivity and work with diverse groups to best understand their needs. This includes people of all cultures, languages, capacities, sexual orientations, gender identities and/or expressions.













Community Services

360.000 SESSIONS OF CARE **PROVIDED BY MISSION** AND COMMUNITY SERVICES

<u>**140,000+**</u> ASSISTED BY DOORWAYS AND **COMMUNITY SERVICES**

Family and Domestic Violence (FDV)

EXPERIENCED FAMILY VIOLENCE Youth UNG PEOP SSISTED

DED W FINANCIAL COUNSELLING



Moneycare

NEARLY 12.000

PROVI



Homelessness



Employment Plus CONVERSATION RATE



Salvos Stores

SURPLUS GENERATED FOR THE SALVATION ARMY •



CORPS 7.9M+ 2.5M+

AOD/Gambling 220,000 SESSION

OF CARE PROVIDED TO PEOPLE IMPACTED BY **ADDICTION TO ALCOHOL** S AND OTHER ADDICTIONS

Providing free healthcare for Tasmanians doing it tough

A medical lifeline for people suffering hardship in the heart of Tasmania's Glenorchy community is giving dignity to those who need it the most. The Salvation Army's Doorways program has joined forces with The Moreton Medical Group to facilitate providing free healthcare to people who are unable to access a general practitioner or are unable to afford medical care. "Working with The Salvation Army has meant a collaborative approach to client management that addresses not only the immediate health needs of the community but the underlying causes," Nurse Practitioner Kris Mullins said.



The Salvos' State Manager of Homelessness and Housing, Ben Moroney, left, Health With Dignity client, Keith, and City of Hobart Housing and Homelessness Portfolio Chair, Cr Mike Dutta. Photo: Hobart Observer



Northeast Youth Services Regional Manager Leah Farnham and Rob Ellis, State Manager, discuss the new facility with local news TV station WIN.

Home and hope

The launch of an innovative youth-supported accommodation facility in Shepparton has heralded an exciting fresh chapter for The Salvation Army's Northeast Victoria Youth Services. Giving local young people hope and positivity for their future is the purposebuilt facility that features 13-bed supported accommodation for young people aged 16 to 25 who are experiencing homelessness or at risk of homelessness.

Leah Farnham, Northeast Victoria Youth Services Regional Manager says, "So, part of it is really about making sure they are not perpetrating the cycle of homelessness and that we're getting them when we need to. Early intervention. It's exciting."

Language no barrier in Cairns

The Salvation Army's Moneycare service in Cairns has delivered a financial literacy training program through an interpreter to assist members of the local African population. Salvos Moneycare Queensland Team Leader Amanda Rees said the Cairns Salvos has an African congregation and its officer (pastor) identified that some financial literacy training would benefit members of the congregation.

Local Moneycare Financial Counsellor Kevin van Kuijk jumped at the opportunity to reach more members of the local community and organised training with an interpreter. About 20 people attended the day.



Moneycare Financial Counsellor Kevin van Kuijk and interpreter Alexis Mporana present the financial literacy training at Cairns Corps.

Life Matters

The Salvation Army's Serenity House in Mount Isa, north-west Queensland, received the 'Excellence in Community Homelessness Services Delivery' award at the city's 2023 Community Services Ball.

Serenity House is a residential homelessness support service in Mt Isa, offering five units for women and children experiencing homelessness. Last year, the service began mobile community support to assist more women in need who are unable to access accommodation at Serenity House due to the service being in such high demand.

Recently, the service also gained a grant to continue running a successful pilot program of a weekly women's group called 'Life Matters'. "The group aims to reduce social isolation for women in our remote community," Serenity House Manager Melissa Warhurst says.



From left: Renee Collins, Melissa Warhurst and Leonie Stocker at the Mount Isa community awards evening.

Unexpected kindness

Changing the colour of an ordinary day

By James Burns

It seems that despite the growth of social media and the increasing price of postage, many people still like to send a greetings card to mark significant events in life. Who doesn't enjoy receiving a card, especially when it shows that someone cares?

I recently read about Jeannie, a bereaved niece who was looking for a sympathy card after her uncle died. Imagine her surprise when, while looking at the selection available, she found one with a \$10 note inside and a message from an anonymous stranger. The message read "So sorry you're having to look for this card. Have a coffee and bite to eat on me. Pay it forward one day. Much love x."

"

It was quite an emotional moment because it was such a selfless thing to do.

"

Jeannie thought it was a joke and looked around in case someone was playing a prank. But no, it was genuine. She said, "It was quite an emotional moment because it was such a selfless thing to do."

KINDNESS LIFESTYLE

The idea of paying it forward – not paying someone back for a kindness but rather doing something for someone else – is not new. After all, if you only send cards to those who send to you, where's the benefit in that?

Over 2000 ago Jesus said, "Here is a simple rule of thumb for behaviour: 'Ask yourself what you want people to do for you; then grab the initiative and do it for them!'" Luke chapter 6, verse 31 *The Message* Bible translation).

In this case, there was no way to thank the generous stranger, so Jeannie decided to get a coffee and donate the \$10 to a charity of the family's choice.

You may not have the resources to put money in a card in a shop, but think how much pleasure you could bring to someone by sending a card to say you are thinking about them. Especially if it's not for a 'special' event.

Even better, why not take Jesus' advice and post a card or note of appreciation to someone you wouldn't normally send to? You won't regret it!



Scan here for more stories of hope.



From trauma to triumph

A journey of hope and renewal

By Cameron

I didn't have a very good childhood. I had a lot of childhood trauma.

I was adopted at the age of three months, and I've never really experienced the feeling of home – that sense of belonging and feeling loved.

I would overachieve with everything and try to be the best at everything, thinking that I would attain love from my adoptive family. And then, meeting my husband-to-be, I probably went into that relationship the same way.

From the age of 14, I started running away from home, and my ex-husband and my children kicked me out due to my mental health. We were in severe financial hardship because of losing a business, and apparently, it had to do with my mental health.

I found myself homeless, sitting in a car park, not knowing where to go.

That was when the Salvation Army became involved. I did everything I could – I researched online, found Moneycare, and was introduced to Heather.

DEALING WITH DEBT

Heather, a financial counsellor at Moneycare, picks up Cameron's story.

"She (Cameron) reached out to me," Heather says. "She had a lot of debt, and she didn't know what to do. I helped Cameron deal with her debts, so I was able to contact the creditors on her behalf because, at that stage, she wasn't able to do that. "When she came in, we would prepare her budget and examine her financial situation, and then we would review the options to determine what would best help her.

"But she also needed other services, like to get her tax sorted and some mental health situations. We have a beautiful caseworker that I referred her to, as well. So, we were able to refer her inside the organisation and outside the organisation.

"

The biggest thing was learning that God is love.

"

"When she first came to see me, she was very anxious, very nervous, very scared, and now there's been such a huge transformation. She's just very, very inspirational."

CALMING INFLUENCE

(Cameron continues): I had never heard of 'financial abuse', and I think Heather could feel my ease [with that].

From there, she guided me step-by-step through getting my finances back in order. She was so calming. Heather just made me feel okay.

Coming from a world of paranoia and feeling hopeless, and to then be



Cameron, right, speaks with Heather from Moneycare about some of the changes that have completely changed her life.

comforted, it was just such a feeling of non-judgment. They [Moneycare counsellors] were just like guardian angels.

And that's what the Salvos did. All my life, I've been put down. I think they built my self-esteem by encouraging me. They just gave me that feeling of peace, which helped me be positive and genuine – [it] wasn't me putting on a cover or a facade anymore.

BATTLES BECOMING BLESSINGS

The biggest thing was learning that God is love. He shows me unconditional love.

I look at my life as a blessing now.

I've been down in the battles, but now I see them as blessings. It's in the battles

that you fully have to trust God. When it gets too much, I give it to God, who still loves me. He shows me so much love.

I have fought hard, but the encouragement I received from The Salvation Army has really helped me get here. They allowed me to do it on my own terms ... and they didn't make me feel like a glitch.

To any woman who feels trapped in their situation, from my heart to yours, don't feel ashamed – reach out.



Scan here for more information on Moneycare services.

Chicken nachos



Ingredients

Oil for frying; 500g chicken breast mince; 40g pkt Mexican seasoning; 250g pkt tortilla chips; 1 cup (120g) coarsely grated tasty cheddar; 350g mixed tomatoes, halved; ½ small red onion, thinly sliced; 1 avocado, stoned, peeled, thinly sliced

(Optional extras: sour cream, diced capsicum, diced olives)

Method

- Preheat oven to 200°C.
- Line 2 baking trays with baking paper. Heat the oil in a medium frying pan over medium heat.
- Cook the mince, stirring with a wooden spoon to break up lumps, for 5 mins or until cooked through.
- Add the Mexican seasoning and ¹/₃ cup (80ml) water. Cook, stirring, for 3 minutes.
- Arrange chips over trays.
 Sprinkle with cheddar. Bake for 5 minutes.
- Divide chips among serving bowls. Top with mince, tomato, onion and avocado.



Quick quiz

- In what year was the world's first feature film produced in Melbourne?
- 2. By which Salvos theatre company was it produced?
- 3. What do the initials SAO (biscuits) stand for?
- 4. In what Salvation Army children's home did John Lennon play as a child?
- 5. In how many countries around the world does The Salvation Army serve?

Bible byte

"The one who blesses others is abundantly blessed; those who help others are helped. "

> Proverbs chapter 11, verse 25 The Message paraphrase



Х	D	S	E	H	E	L	Ρ	I	N	G	U	H	Z	Z	J	Word	search
Х	I	Μ	х	G	R	Е	н	A	в	х	D	A	L	N	U	Words are hidden vertically, horizontally, diagonally, forwards and backwards. Enjoy!	
K	S	Y	S	S	E	R	V	I	С	E	S	R	G	D	S		
S	A	С	Ρ	Η	в	Y	G	G	A	K	L	D	V	F	т		
A	S	H	I	R	E	F	U	G	E	E	S	S	F	L	I		
L	т	U	R	J	H	V	H	S	С	A	Μ	н	0	0	С	Army	Housing
V	E	R	I	G	J	Е	A	Μ	н	Μ	U	I	Μ	0	Е	Care	Justice
A	R	С	т	Μ	С	A	R	Е	0	Y	D	Ρ	Е	D	D	Church	Loans
т	S	н	U	S	W	х	С	х	U	Y	Q	v	A	S	Е	Counselling	Love
I	н	G	A	С	0	R	0	Q	S	Р	L	в	L	I	F	Crisis	Meals
0	Y	А	L	W	н	С	Y	E	Т	E	L	J	s	А	Е	Defence	Refuge
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F	Ι	N	A	Ν	С	E	S	A	G	S	A	Ν	Α	Μ	С	Fires	Salvation
в	K	R	Е	F	U	G	E	Μ	L	Μ	Ν	0	С	Y	E	Floods	Services
R	G	С	W	т	U	F	Ι	R	Е	S	S	G	G	F	т	Hardship	Social
С	0	U	N	S	Е	L	L	I	N	G	Μ	н	R	R	A	Helping	Spiritual

have a laugh



What is the best outfit for February 2nd? •n₁-n₁ ₩

Can February march? •Λεω μιά της δα της δα

What month is the best for coffee? גופ-אאסוק-קק The name February comes from the Latin word februum, which means purification.

January and February were the last months added to the Roman calendar, in 713 BC.

The length of February changed over time and, at one time, it had as few as 23 days.

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Quis answers: 1. 1900. 2. Limelight Department. 3. Salvation Army Officer. 4. Strawberry Field. 5. 134.













"Go and do something."

~ words of William Booth (Co-founder of The Salvation Army) to his son Bramwell when he saw the plight of homelessness in London